

Daily: Mon. – Fri.		
Toronto	CLEAN OFF QUEEN 552 Adelaide St. <i>Evangel Hall - Adelaide and Bathurst, next door to The Factory Theatre</i> (CD/L/T12/BT/J)	12:00 pm
North York	FRESH START room 303, 901 Lawrence Ave. W. <i>Columbus Community Centre - west of Dufferin</i> (CD)	12:15 pm

Monday		
Etobicoke	MIRACLES ON MONDAY 851 Royal York Rd. <i>Royal York United Church - at Glenroy, approx. three blocks south of Bloor, park on Glenroy, closed on holidays, no dogs allowed</i> (CD/OS last Mon. every 2 nd month)	7:30 pm
Toronto	JUST IN TIME main floor, 1900 Davenport Rd. <i>Davenport Perth Neighbourhood Centre</i> (CD)	7:30 pm

Scarborough	CIRCLE OF FRIENDS 74 Finvalley Court <i>Warden Woods Community Centre - South of Warden Subway Station, off Warden, closed on holiday Mondays</i> (BT/L/CD/OS last Monday)	7:30 pm
Brampton	* LIVING IN RECOVERY upstairs Rainbow room 156 Main St. N. <i>Grace United Church - north of Church, next to 711-store, front door to right</i> (CD/J/Steps123)	8:00 pm

Mississauga	RECOVERY 998 Indian Rd. <i>St. Stephen's On The Hill United Church</i> (CD/12/T/OS last Mon.)	8:00 pm
Newmarket	* SQUEAKY CLEAN 337 Queen St. <i>New Hope Methodist Church - at Lorrie</i> (O/NS/BT)	8:00 pm

Richmond Hill	* YOU ARE NO LONGER ALONE 43 Church St. S. <i>Elgin Barrow Arena - Richmond Hill Room, east side entrance</i> (CD/OS last Mon.)	8:00 pm
Toronto	NEW LIFE 100 Hepbourne St. <i>St. Paul's Presbyterian Church - one block south of Bloor, west of Ossington, in basement</i> (CD)	8:00 pm

Tuesday		
Richmond Hill	* WE HAVE A CHOICE 10454 Yonge St. <i>Steps Society - north of Major Mackenzie, at Leventdale, beside the Coffee Time, side door</i> (CD)	12:00 pm
Scarborough	NEW HORIZONS 72 Main St. <i>Calvary Baptist Church - two blocks south of Gerrard St. E.</i> (CD/12/L)	7:00 pm
Brampton	* SURRENDER TO RECOVERY 135 McLaughlin Rd. S. <i>William Osler Withdrawal Management</i> (CD/ OS Last Tues)	7:30 pm

Tuesday continued		
Toronto	A NEW PATH TO A NEW LIFE 248 Ossington Ave. <i>St. Christopher's House - at Dundas</i> (CD/J/Steps123/OS last Thurs)	7:30 pm
Etobicoke	LAKESIDE STEPS room 105, 432 Homer Ave. <i>Franklin Horner Community Centre - at Beta St., parking at the back, closed on holidays</i> (CD)	8:00 pm

Keswick	* COURAGE TO CHANGE 3252 Ravenshoe Rd. <i>Ravenshoe United Church - 2.5 km east of Woodbine, south of Keswick</i> (C)	8:00 pm
North York	RECOVERY 101 858 Sheppard Ave. W. <i>JAC's Place - one light east of Wilson Heights</i> (CD/OD 1 st Tues.)	8:00 pm

Mississauga	* THE PRIMARY PURPOSE GROUP 2630 Inlake Court <i>Meadowdale Community Christian Reformed Church - back entrance, one hour meeting</i> (CD)	8:00 pm
Scarborough	FAITH OVER FEAR 930 Bellamy Rd. <i>St. Nihilans Anglican Church - north of Lawrence</i> (CD)	8:00 pm

Toronto	THE MESSAGE 729 St. Clair Ave W. - <i>St. Matthews United Church, at Rushton</i> (CD/J/12/CN)	8:30 pm
Woodbridge	* LONELY HEARTS 8090 Kipling Ave. N. <i>Woodbridge United Church - north of Hwy 7</i> (CD/OS 1 st Tues)	8:30 pm

Wednesday		
Brampton	* RESPONSIBLE CHOICE 420 Balmoral Dr. <i>Emmanuel United Church - at Bramalea Rd., north of Steeles, south of Hwy 7</i> (CD/Steps 123)	12:00 pm
Toronto	SPIRIT, STRENGTH, AND HOPE 56 Queen St. E. <i>Metropolitan United Church - NW corner of Queen & Church., come in the middle door and down the stairs</i> (CD/L/CN/J)	7:00 pm

Milton	LIVING IN THE SOLUTION 2 nd floor, 123 Main St. E. <i>St. Paul's United Church</i> (CD/12/NS)	7:30 pm
Aurora	* STEPPING INTO RECOVERY 79 Victoria St. E. <i>Trinity Anglican Church - parking and entrance at rear</i> (NS/CD)	8:00 pm

Bolton	* NEW HOPE 110 King St. W. <i>Calvin Presbyterian Church - west of Regional Rd 50</i> (CD/12/J)	8:00 pm
Etobicoke	AWAKENINGS 627 Burnhamthorpe Rd. <i>Renforth Baptist Church - west of Hwy 427</i> (CD/12/CN-special occasions)	8:00 pm
Mississauga	* TNFINITY RECOVERY 7113 Airport Rd. <i>Trinity United Church - north of Derry Rd, Malton</i> (CD/OS last Wed)	8:00 pm

Wednesday continued		
Scarborough	CLEAN DAYS 79 St. Bedes Ave. <i>St. Bedes Anglican Church - east of Victoria Park, south of Dawes</i> (CD/12/J)	8:00 pm
Toronto	ROAD TO RECOVERY 2 Wembley Rd. <i>Forest Hill United Church - one block north of Eglinton, west of Bathurst, no break</i> (CD)	8:00 pm

Georgetown	* CARE & SHARE 89 Mountainview Rd. <i>St. Andrews Church - south of Hwy 7</i> (CD/J/Steps 123)	8:30 pm
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Thursday		
Richmond Hill	* WE HAVE A CHOICE 10454 Yonge St. <i>Steps Society - north of Major Mackenzie, at Leventdale, beside the Coffee Time, side door</i> (CD)	12:00 pm
Mississauga	WOMEN IN RECOVERY GROUP COMMON INTEREST GROUP FOR WOMEN 998 Indian Rd. <i>St. Stephen's On-The-Hill United Church</i> (CD/W)	8:00 pm

Toronto	JUST IN TIME 1900 Davenport Rd. <i>Davenport Perth Neighbourhood Centre</i> (CD/12)	7:30 pm
Toronto	LIVE AND LET LIVE 947 Queen St. E. <i>Queen Street Presbyterian Church - at Carlaw, east entrance, in basement</i> (CD/12/J)	7:30 pm

Toronto	A NEW PATH TO A NEW LIFE 248 Ossington Ave. <i>St. Christopher's House - at Dundas</i> (CD/J/Steps123/OS last Thurs)	7:30 pm
Brampton	* NEW HOPE 44 Church St. E. <i>St. Andrew's Presbyterian Church - one block east of Main on school on same street</i> (CD)	8:00 pm

North York	LIVE YOUR DREAMS 719 Sheppard Ave. W. <i>The Church of the Apostles - at Maxwell/Harlock, west of Bathurst</i> (CD/OS 3rd Thurs.)	8:00 pm
North York	BACK TO LIFE HEBREW SPEAKING MEETING 858 Sheppard Ave. W. <i>Jac's Place</i> (CD)	8:00 pm

Richmond Hill	* RECOVERY ON THE HILL 10454 Yonge St. <i>Steps Society - north of Major Mackenzie, at Leventdale, beside the Coffee Time, side door</i>	8:00 pm
Toronto	FULL CIRCLE 1695 Dufferin St. <i>St. Chad's Anglican Church - one block north of St. Clair</i> (CD/BT/J)	8:00 pm
Scarborough	YESTERDAY IS GONE 447 Port Union Rd. <i>Grace Presbyterian Church - basement</i> (CD/OD "Ask it Basket" 4 th Thurs)	8:00 pm
Etobicoke	NEW FOUND LIFE 516 The Kingsway St. <i>Luke's Church - at Kipling, no dogs allowed</i> (CD)	8:30 pm

Friday		
Brampton	* RESPONSIBLE CHOICE 420 Balmoral Dr. <i>Emmanuel United Church - at Bramalea Rd, north of Steeles, south of Hwy 7</i> (CD/Rotating 12)	12:00 pm
Toronto	DOWNTOWN WOMEN'S GROUP COMMON INTEREST GROUP FOR WOMEN room 3, 20 Grosvenor St. <i>Metro Central YMCA - 3rd Floor, west of Yonge, between College & Wellesley</i> (CD OS last Fri)	7:00 pm

Scarborough	SURRENDER TO SERENITY 3817 Lawrence Ave. E. <i>St. Stephens Presbyterian Church - at Scarb. Golf Club Rd, entrance at back</i> (CD/12)	8:00 pm
Toronto	TOGETHER WE CAN cafeteria, 33 Russell St. <i>CAMH - one block north of College, east off Spadina, use wall phone in front lobby or buzzer outside if doors are locked</i>	7:30 pm

Brampton	* NEW ATTITUDES 1105 Queen St. E. <i>St. Leonard's House - at West Dr. Bramalea, in front of gym</i> (CD/1,2,3/Rotating 12)	8:00 pm
Etobicoke	HUNGER FOR HEALING 2459 Islington Ave. <i>Rexdale Alliance Church - north of Elmhurst</i> (CD)	8:00 pm

Milton	NEW FREEDOM 317 Main St. E. <i>Grace Anglican Church</i> (OD)	8:00 pm
Mississauga	I CAN'T WE CAN 26 Steavebank Rd. N. <i>Trinity Anglican Church - west of Hwy 10, just north of Lakeshore</i> (CD)	8:00 pm

Newmarket	* UNITY SELF-HELP 461 Park Ave. <i>Trinity United Church - corner of Park and Main</i> (CD/12)	8:00 pm
Oakville	SERENITY IN RECOVERY 1450 Litchfield Rd. <i>St. Simon Anglican Church - at Upper Middle and Trafalgar</i> (CD)	8:00 pm

Toronto	HEART AND SOUL 794 Kingston Rd. <i>St. John Church</i> (CD/123/T/OS 1st Fri)	8:00 pm
Toronto	WE DO RECOVER 404 Willard Ave. <i>St. Paul's Rummymede Anglican Church - east of Jane, north of Bloor, one hour, Just For Today meeting</i> (CD/J)	8:00 pm

Saturday		
Aurora	* I CAN'T WE CAN EASY DOES IT 79 Victoria St. E. <i>Trinity Anglican Church - parking and entrance at rear</i> (CD/ NS)	12:00 pm
North York	HIGHER VISION 858 Sheppard Ave. W. <i>JAC's Place - one light east of Wilson Heights</i> (OD)	12:30 pm
Toronto	RECOVERY COMES FIRST 58 Cecil Street <i>Cecil Community Centre - one block south of College, east of Spadina</i> (OD)	1:30 pm
Toronto	OUT IN RECOVERY 519 Church St. <i>519 Church Community Centre - at Wellesley</i> (CD/BGL/TQ)	3:30 pm

In the event of public or religious holidays call Helpline to ensure the meeting is open @ **416-236-8956**

Narcotics Anonymous is not affiliated with the facilities where our meetings are held

Narcotics Anonymous...is a non-profit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work!

We feel that our approach to the disease of addiction is completely realistic, for the therapeutic value of one addict helping another is without parallel. We feel that our way is practical, for one addict can best understand and help another addict. We believe that the sooner we face our problems within our society, in everyday living, just that much faster do we become acceptable, responsible and productive members of that society.

TELEPHONE NUMBERS

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You Are No Longer Alone!
Narcotics Anonymous®



Toronto Area Meetings
November 2009
Last updated October 30, 2009
updated monthly
416 236-8956
<http://www.torontona.org>
Email: mail@torontona.org

Toronto Area Service Committee
PO Box 5700, Depot A
Toronto, Ontario M5W-1N8

Anchor Area Meetings
 are indicated by *
Aurora, Brampton, Georgetown, Keswick, Milton, Mississauga, Newmarket, Oakville, Orangeville, Richmond Hill, Unionville and Woodbridge
Anchor Area contact info:
<http://www.anchorna.org>
PO Box 21 King City, ON L7B 1A4
1-877-414-4464
or 416-410-3689

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Saturday continued		7:00 pm
East York	JUST FOR TODAY 2723 St. Clair Ave. E. St. Columba Anglican Church - one block east of O'Connor (CD/J/L/12)	
Oakville	KEEP IT SIMPLE 750 Redwood Square Salvation Army Lighthouse, 4 th line & QEW area (CD/1,2,3)	7:00 pm
Brampton	* IT WORKS/WORK IT 44 Church St. E. St. Andrew's Presbyterian Church - one block east of Main, on Church (CD/BT/J)	7:30 pm
Etobicoke	NEW FOUND LIFE 516 The Kingsway/St. Luke's Church - at Kipling, no dogs allowed (CD)	7:30 pm
Toronto	WITHOUT PREJUDICE 162 Bloor St. W. Church of The Redeemer - at Avenue Rd., NE corner, upstairs (ODSL)	7:30 pm
Sunday		
Toronto	THERE COMES A TIME 63 Bellwoods Ave. St. Mathias Church - north of Queen, west of Bathurst (CD/J/12)	2:00 pm
Etobicoke	NEVER ALONE 2 nd floor, 45 Ludstone Dr. Transfiguration Church - Dixon west of Kipling, off Celestine (CD/OS 1 st Sun)	2:30 pm
Mississauga	NA FOUNDATION GROUP 4 Mississauga Rd. West Edge Outreach Centre - corner of Mississauga Rd. and Lakeshore (CLD)	6:30 pm
Brampton	* STEPS KEEP YOU CLEAN 4 Elizabeth St. N. Christ Church - two blocks west of Main, at Queen (CD)	7:00 pm
Milton	* COURAGE TO CHANGE 123 Main St. E. St. Paul's United Church - front entrance (CD)	7:00 pm
Richmond Hill	* START AGAIN FARSI SPEAKING MEETING 10454 Yonge St. Steps Society - north of Major Mackenzie, at Leavondale (CD)	7:00 pm
Toronto	TWELVE BY TWELVE 2 nd floor, 765 Queen St. E. Ralph Thornton Centre - east of Broadview (CD/12/J/CN)	7:00 pm
Unionville	* IT'S NEVER TOO LATE 9400 Kennedy Rd. St. Philips Anglican Church - north of 16 th Ave. (CD)	7:00 pm
North York	FRESH START room 303, 901 Lawrence Ave. W. Columbus Community Centre - west of Dufferin (CD)	7:30 pm
Orangeville	* NEW LIFE 247 Broadway Ave. Westminster United Church (CD)	7:30 pm
Scarborough	INNER JOURNEY 62 Orchard Park Dr. West Hill United Church - at Kingston Rd, west of Manse (CD)	8:00 pm
North York	BACK TO LIFE HEBREW SPEAKING MEETING 858 Sheppard Ave. W. Jac's Place (CD)	8:00 pm
Sutton	* YOUNG HEARTS 20898 Dalton Rd. Salvation Army - across from No Frills (CD/OS 1 st Sunday)	8:00 pm

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SERVICE MEETINGS
 Call 416-236-8956 to confirm times and locations

TASC - Toronto Area Service Committee
 10:00am - 2nd Sun. each month
 (3rd Sun in May, 1st Sun if 3rd is a long weekend)
 (3rd Sun in Oct)

CAMH, 33 Russell St., cafeteria
Activities Subcommittee
 11:00am - 3rd Sun. Each month
 CAMH, 33 Russell St., cafeteria

Cleantimes
 7:00pm - 2nd Wed. each month
 CAMH, 33 Russell St., cafeteria

Helpline Subcommittee
 7:00pm - last Wed. each month,
 CAMH, 33 Russell St., cafeteria

H&I - Hospitals & Institutions Subcommittee
 7:00pm - 3rd Wed. each month
 CAMH, 33 Russell St., cafeteria

Literature Subcommittee
 9:00am - before TASC
 CAMH, 33 Russell St., cafeteria

Send mail to: P.O. Box 5700 Depot A
 Toronto, ON, M5W-1N8

P&P - Policies & Procedures
 10:00am - 1st Sun. each month
 CAMH, 33 Russell St., cafeteria

PR - Public Relations Subcommittee
 7:00pm - 2nd Mon. each month
 (3rd Mon in Oct)

CAMH, 33 Russell St., room 4100
Retreat Subcommittee
 7:00pm - 2nd Wed. each month
 CAMH, 33 Russell St., room 4058A

Send mail to: Suite#173, B2-125 The Queensway
 Etobicoke, ON, M8Y 1H6

TACC - Toronto Area Convention Committee
 7:00pm - 2nd Wed. each month
 Crowne Plaza - DVP & Eglinton

CODES/GENRES DE REUNION
 (J)=Just for Today
 (L)=Literature
 Trans, Queer
 (M)=Men's meeting
 (O)=Open to the public
 (S)=Speaker
 (T)=Traditions
 (W)=Women's meeting

UPDATE INFORMATION: Help us keep this meeting list up to date and correct - Email or mail all changes to the PR Subcommittee at the address' on the front of this pamphlet or leave a message at **416-236-8956**